



# Rhinebeck Equine, L.L.P.

*A Lifetime of Caring*

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## Spring 2017 Newsletter



### Preventative Health Care

Preventative Health Care and proper nutrition play an important role in your horse living a longer and healthier life. Playing a proactive role in your horse's health can help avoid unwanted emergencies. An annual physical exam allows your veterinarian to catch health issues early, before they become a threat. It also allows your veterinarian to advise on parasite control and nutrition, update proper vaccinations, collect a blood sample for screening, and perform a complete physical exam.

Our health care packages are designed to be affordable and customizable to your horse's needs. We will again be offering a **Preventative Health Care Package**. Designed to help detect problems before your horse starts to show signs that something is wrong, this package provides you with more than \$100 in savings and includes:

#### **Preventative Health Care Package - \$155**

Complete physical exam  
Coggins test  
Fecal Egg Count for parasites  
CBC/Chemistry Blood panel  
Fibrinogen level (an indicator of inflammation)

New this year, we will also offer an **Endocrine Health Care Package**, perfect for those horses at risk of or being treated for Equine Metabolic Syndrome or Pars Pituitary Intermedia Dysfunction (PPID; Cushing's Disease). This package provides over \$100 in savings and includes:

#### **Endocrine Health Care Package - \$225**

Complete physical exam  
ACTH, Insulin, T4  
CBC/Chemistry Blood panel  
Fibrinogen level

**A Lyme Multiplex test can be added to either of these packages at a 10% discount.**

Once again we are offering vaccine clinics with a reduced call charge of **\$15** per owner. These calls are only for vaccines, routine preventative care, including the Health Care Packages, other lab work, and floating of teeth. We are committed to keeping important preventative care affordable. **In return, we must ask for payment at the time services are provided.** Due to the nature of the clinic days we will try, but cannot promise, to accommodate time constraints. Please allow your schedule to be flexible on the day of your appointment. If your horse's Coggins test requires new digital photos,

please be sure he/she is clean and all markings are readily visible. Horses with photos in our archive can be as dirty as you like!

Please see the vaccine clinic schedule in this newsletter and call our office to set up an appointment. Please let the receptionist know if you are interested in an annual exam for your horse or one of our Health Care Packages- if it is not scheduled in advance we may not have time to complete the exam and additional testing. If we know what your horse needs ahead of time, we will let you know what it will cost.

### Vaccine Recommendations

Vaccines protect horses from disease by increasing circulating levels of antibodies in their blood. When given for the first time, most vaccines require two doses a few weeks apart. Thereafter, boosters are required to maintain immunity each year. We recommend that all horses are vaccinated against Eastern Equine Encephalomyelitis (EEE), Western Equine Encephalomyelitis (WEE), Tetanus, West Nile Virus, Potomac Horse Fever (PHF), and Rabies. Depending on travel, management, reproductive use, or outbreaks of disease, vaccination against Influenza, Herpes Virus 1 & 4, Strangles, Lyme Disease, Leptospirosis, and Botulism, may be added to this core group. Please remember that a horse's immune system becomes weaker as they age, making older horses more susceptible, not less, to infection and increasing the need for proper vaccination.

For more information about vaccinations, please ask your veterinarian and see our website, [www.rhinebeckequine.com](http://www.rhinebeckequine.com).

#### To Schedule Vaccine Clinic appointments with:

##### Drs. Moutan & Mort:

– Jeannie 845-876-7085 x1023 or  
[Jeannie@rhinebeckequine.com](mailto:Jeannie@rhinebeckequine.com)

##### Drs. Deibel, Williams, & Shores

– Roberta 845-876-7085 x1002 or  
[Roberta@rhinebeckequine.com](mailto:Roberta@rhinebeckequine.com)

##### Dr. Sotela

– Liz 845-876-7085 x1024 or  
[Liz@rhinebeckequine.com](mailto:Liz@rhinebeckequine.com)

### Spring Vaccine Clinic Schedule

Area	Towns	Dates
Columbia SW Dutchess NW	Hudson, Clermont, Livingston, <b>Tivoli</b> , <b>Red Hook, Rhinebeck</b>	2/28 Tues 3/30 Thurs 4/26 Wed 5/23 Tues
Columbia County North	Chatham, Claverack, Ghent, Philmont, Kinderhook, Stockport, Austulitz	3/1 Wed 3/28 Tues 4/27 Thurs 5/24 Wed
Dutchess East	Millbrook, Mabettsville, Dover, Chestnut Ridge, Wingdale, Smithfield	3/2 Thurs 3/29 Wed 4/25 Tues 5/25 Thurs
Dutchess South	Wappingers, LaGrangeville, Fishkill, Beekman, Stormville, Hopewell Junction, Poughquag, Pleasant Valley	3/7 Tues 4/6 Thurs 5/3 Wed 5/30 Tues
Dutchess NW	<b>Tivoli, Red Hook</b> , <b>Rhinebeck</b> , Salt Point, Staatsburg, Hyde Park, Stanfordville, Clinton Corners	3/8 Wed 4/4 Tues 5/4 Thurs 5/31 Wed
Tri State Area	Pine Plains, Millerton, Ancram, Hillsdale, Great Barrington, Lakeville, Copake, Sharon	3/9 Thurs 4/5 Wed 5/2 Tues 6/1 Thurs
Green/ Ulster	West Camp, Cairo, Catskill, West Kill, Jewitt, Windham, Leeds, Coxsackie	3/14 Tues 4/13 Thurs 5/10 Wed 6/6 Tues
Ulster 209 Corridor	High Falls, Hurley, Stone Ridge, Accord, Kerhonkson, Ellenville, Marletown	3/15 Wed 4/11 Tues 5/11 Thurs 6/7 Wed
Ulster 28 Corridor	Boiceville, West Shokan, Phoenicia, Shandaken, Olive Bridge, Big Indian	3/16 Thurs 4/12 Wed 5/9 Tues 6/8 Thurs
Kingston Area	Kingston, Esopus, Rosendale, Lake Katrine	3/21 Tues 4/19 Wed 5/17 Wed 6/13 Tues
Ulster South of 209	New Paltz, Highland, Gardiner, Marlborough, Ulster Park	3/22 Wed 4/20 Thurs 5/18 Thurs 6/14 Wed
Ulster 212 & 32	Saugerties, Woodstock, Bearsville	3/23 Thurs 4/18 Tues 5/16 Tues 6/15 Thurs

## Update on Previcox / Equioxx:

For the past few years, we have been using a dog anti-inflammatory drug, Previcox (Firocoxib), off-label in horses. Previcox has been prescribed for horses to control pain from a variety of different conditions. It has reduced side effects compared to Bute and is easy to administer. Merial later came out with Equioxx, a formulation of firocoxib approved for horses, in the form of a paste. There were cost concerns with the paste formulation, and because there was no FDA approved equivalent to the Previcox tablets for horses, it was legal to prescribe the dog tablets.

Merial has now manufactured an FDA approved Equioxx tablet for horses. This means by law, Previcox can no longer be prescribed for horses. As we are committed to providing the best quality medicine for our patients, we will no longer carry or prescribe Previcox. Equioxx comes in 57 mg chewable tablets in a 60 or 180 count bottle. Unlike Previcox, these tablets do not need to be split, which will allow for more accurate dosing to your horse and decrease the risk of side effects. Equioxx tablets are available through our online pharmacy [rhinebeckequine.vetsfirstchoice.com](http://rhinebeckequine.vetsfirstchoice.com) and our clinic pharmacy. Merial is also offering rebates which are available as an instant rebate from the online pharmacy or as a mail in rebate. If you have any questions please do not hesitate to contact us.

“EQUIOXX is now available in three formulations - injection, paste, and tablet. It is a once-daily treatment to control pain and inflammation associated with equine osteoarthritis, also called degenerative joint disease. All three Equioxx formulations allow for consistent therapy with the same active ingredient. It has a proven safety profile and spares COX-1 inhibition while inhibiting COX-2 prostaglandin production”- Merial [www.Equioxx.com](http://www.Equioxx.com)



## Expanded Specialty Services

*With boarded specialists in surgery, internal medicine, theriogenology, and ophthalmology, Rhinebeck Equine is the most comprehensive referral center in the region.*



### Dr. Justin McNaughten Returns For Another Breeding Season

Dr. Justin McNaughten is a board-certified theriogenologist, or reproductive specialist. He received his BVSc in 2009 from the University of Glasgow, School of Veterinary Medicine in Glasgow, UK. Following veterinary school, he worked in Australia, Turkey, and Singapore. Dr. McNaughten then completed a residency at the University of Florida and became a boarded Theriogenologist (DACT). Dr. McNaughten splits his time between Rhinebeck Equine, for the Northern Hemisphere breeding season, and Australia for the Southern Hemisphere breeding season. Dr. McNaughten's clinical interests include mare infertility, assisted reproduction, and stallion behavior.

Dr. McNaughten's advanced training allows us to expand our reproductive services for all horse breeders. This includes routine breeding management for live cover and artificial insemination, breeding soundness exams for problem mares, evaluation and management of high-risk pregnant mares, and assisted reproductive technologies including embryo transfer.

Dr. McNaughten will also be assisting with ambulatory emergencies.

To make an appointment, contact: Roberta at 845-876-7085 x1002 or [Roberta@rhinebeckequine.com](mailto:Roberta@rhinebeckequine.com)

## Ophthalmology Consults Continue

Rhinebeck Equine's partnership with Alison Clode, DVM, DACVO, a board certified ophthalmologist, continues with monthly visits. Dr. Clode allows us to offer advanced ophthalmology services. She is also available for phone consultations between visits. Dr. Clode's extensive experience with equine ophthalmology is a fantastic resource to the area.

Dr. Clode will next be available to see cases at Rhinebeck Equine February 20<sup>th</sup> and 21<sup>st</sup>. Please contact Jamie at 845-876-7085 ext 1001 or [jamie@rhinebeckequine.com](mailto:jamie@rhinebeckequine.com), if you have a horse that you are interested in having examined.



## Email Correspondence

We would like to ensure we have a current email on file for important communications and updates. If you do not receive this newsletter via email, please email [liz@rhinebeckequine.com](mailto:liz@rhinebeckequine.com) to update your email address. Please see that Rhinebeck Equine and Constant Contact are in your safe senders list. Thank you!

## Website Update

We have added an events calendar to our website. It includes information on our seminars, vaccine clinics, and upcoming events.

Please visit [www.rhinebeckequine.com/events/](http://www.rhinebeckequine.com/events/)

*We also continue to offer the option to pay online.*

## Endocrine Diseases

Early recognition and treatment of endocrine diseases is key to preventing devastating side effects, including laminitis. Laminitis affects 30-70% of these cases and is the primary reason for euthanasia. Pars Pituitary Intermedia Dysfunction (PPID), or Cushing's Disease, is thought to affect 20-25% of horses over 15 years of age. Clinical signs include recurrent infections (hoof abscesses, sinus infections, corneal ulcers), lethargy, poor performance, abnormal hair coat or decreased shedding, muscle atrophy, and laminitis. Advanced testing, such as the Thyrotropin Releasing Hormone (TRH) stimulation test, allow for an earlier diagnosis. There is no cure for PPID. The treatment of choice is Prascend® (pergolide mesylate) manufactured by Boehringer Ingelheim, which helps control the symptoms. Early treatment with Prascend®, combined with good management, can decrease control clinical signs and improve quality of life.

Equine Metabolic Syndrome (EMS), is defined by insulin resistance and obesity or abnormal fat deposits on the body, and is similar to Type 2 diabetes in people. Certain breeds are predisposed. Horses with PPID may also have EMS and all horses with EMS are prone to laminitis. A diagnosis is made by physical examination and diagnostic tests such as a fasted baseline insulin and/or Oral Sugar Tolerance Test (OSTT) and Leptin. Early diagnosis and an aggressive, multi-pronged approach to treatment including diet, exercise, and medications, is necessary to help control clinical signs and prevent laminitis.

If you're concerned about your horse, talk to your veterinarian. Be sure to come to our Spring Education Seminar to learn more about advances in the diagnosis and treatment of these diseases.



-Photo Courtesy of Boehringer Ingelheim

**A very special Thank You to our  
newsletter sponsors!**



## **Spring Client Education Seminar March 7th**

Location: Rhinebeck Equine  
26 Losee Lane, Rhinebeck, NY 12572

**Registration 6:30pm  
Start time 7pm**

Laura H. Javscas, VMD, DACVIM  
Internal Medicine Specialist, Rhinebeck Equine  
**“Update on Equine Metabolic Syndrome and  
Cushing’s Disease”**

*We will discuss recognition of endocrine disorders  
and the latest developments in the diagnosis and  
treatment of Equine Metabolic Syndrome and  
Cushing’s Disease (PPID).*

Christine Siracusa-Kohrs  
Northeast Region, Sales Specialist, Purina

**“Nutritional Support for Horse with Endocrine  
Diseases”**

*A discussion of nutritional management of horses with  
endocrine diseases, focusing on managing hard versus  
easy keeper horses.*

### **Colostrum Bank**

Rhinebeck Equine continues to work with Millbrook Equine to maintain a colostrum bank that is available to local breeding farms. In order to make it successful, we need your help! Your donation to the bank will ensure that we have colostrum on hand for all foals in need.

When you donate to our bank, the colostrum will be tested to ensure its quality. The amount that you donate will always be available to you free of charge. If you need more than you have donated, colostrum will be available at \$50/pint, which can be refunded if you donate back. Net proceeds from the program will be donated to Akindale Thoroughbred Rescue. Please visit our website for [colostrum collection instructions](#).

**Please RSVP to Jeannie 845-876-7085 x1023 or  
jeannie@rhinebeckequine.com**



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